# Anti-Microbial Effect of Safe<sub>2</sub>O<sup>®</sup><sub>Brand</sub>RTE 01 Treatment of Smoked Salmon Inoculated with *Listeria monocytogenes*: Dip vs. Spray Application

# **Objective:**

Determine the most effective method of applying Safe<sub>2</sub>O<sup>®</sup><sub>Brand</sub>RTE 01 for the purpose of killing *Listeria monocytogenes* associated with the surface of smoked salmon.

## Material:

- Smoked salmon.
- Five strains of Listeria monocytogenes (ATCC#: 13932, 43256, 7674, 19111 and 19115).
- $Safe_2O^{(R)}_{Brand}RTE 01$  diluted one part solution with two parts water.
- Sterile dionized H<sub>2</sub>O.
- Sterile saline.
- Sterile peptone water.
- Sterile phosphate buffer, pH 7.38.
- Culture Media: BHI (Brain Heart Infusion) broth and Modified Oxford Listeria Selective Agar.

## Method:

- *Listeria monocytogenes*, five strains were cultured separately overnight in BHI broth, mixed in equal proportion. The mixture was further diluted 1:1000 with sterile saline before inoculation.
- One piece of smoked salmon was carefully unpacked and removed from the original packages onto a sterile surface inside a bio-safety hood. Fish was then cut into 2.0" X 2.0" X 0.5" size pieces. One face of each piece was covered scales. A total of 15 pieces were prepared for study purposes.
- All cut pieces were laid on a sterile surface with the 2" X 2" non-scale side facing up.
- Previously diluted strain suspension,  $20 \ \mu l$  (5.61 X  $10^4$ /salmon piece), was inoculated onto each piece. All inoculated pieces were kept at room temperature for 1 hour to allow attachment of the *Listeria monocytogenes*.
- Inoculated pieces were divided into 5 groups, DT, DC, SD, SC and C, respectively, having three pieces per group. Group DT pieces were dipped in 1L of Safe<sub>2</sub>O<sup>®</sup><sub>Brand</sub>RTE 01 (1:2 dilution as described above) for 30 seconds. Group DC pieces were dipped in 1L of deionized H<sub>2</sub>O for 30 seconds. Group ST pieces were sprayed with Safe<sub>2</sub>O<sup>®</sup><sub>Brand</sub>RTE 01 (1:2 dilution as described above) for 10 seconds and group SC pieces were sprayed with deionized H<sub>2</sub>O for 10 seconds.

- After treatment, pieces from each group were allowed to drain for 10 seconds then transferred individually into a vacuum bag.
- Group C salmon pieces were directly transferred into vacuum bags without any treatment. All bags were kept in 4°C refrigerator for 24 hours after being vacuum sealed.
- Post-treatment Listeria survival assays were performed after incubation at 4°C for 24 hour. Assays were performed as follows:
  - Ten ml of peptone water was added to each bag.
  - Listeria monocytogenes was physically removed from each salmon piece by two minute hand massage of the bag.
  - Colony forming units (CFU) per piece was determined by plating an aliquot of the rinsate and a portion of the serial dilution thereof on Modified Oxford Listeria Selective Agar plates. After plating, all plates were incubated at 37°C for about ~48 hours before CFU determination.

#### **Result:**

Table 1: Anti-Microbial Effect of Safe<sub>2</sub>O<sup>®</sup><sub>Brand</sub>RTE 01 Treatment of Smoked Salmon Inoculated with *Listeria monocytogenes* 

Treatment <sup>§</sup>	CFU/piece	Ā of CFU/piece	Log Value	Log Reduction
"C" Control	6.73E+04	6.80E+04	4.83	
	6.87E+04			
	6.80E+04			
"DC"	2.60E+04		4.58	
30" dip in deionized water	4.00E+04	3.84E+04		
	4.93E+04			
"DT"	1.00E+01	5.77E+02	2.76	1.82*
30" dip in	5.00E+01			
Safe <sub>2</sub> O <sup>®</sup> <sub>Brand</sub> RTE 01	1.67E+03			
"SC"	7.13E+03	9.04E+03	3.96	
10" spray with	1.06E+04			
deionized water	9.40E+03			
"SC"	4.80E+02	1.18E+03	3.07	0.89**
10" spray with	2.84E+03			
Safe <sub>2</sub> O <sup>®</sup> <sub>Brand</sub> RTE 01	2.30E+02			

<sup>§</sup>Each salmon piece was inoculated with 5.61 X 10<sup>4</sup> *Listeria monocytogenes* colony forming units.

\*Relative to 30 sec dip in deionized water.

\*\*Relative to 10 sec spray with deionized water.

### **Conclusions:**

As can be seen from the results,  $Safe_2O^{\mathbb{R}}_{Brand}RTE 01$  treatment using a dip process or spray application effectively reduced the number of *Listeria monocytogenes* organisms associated with the smoked salmon pieces. The spray treatment was significantly less effective than the dip process but spray was only applied for 10' as compared to a 30" dip.

With respect to organoleptic effects, no noticeable color differences were noted between treated and untreated samples. It should be noted that in past studies a 30" dip process has been effective in extending the shelf-life of many meat products and likewise for fish.